

## **Pharmacological characterization of the effects of taurine on calcium uptake in the rat retina**

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Accepted February 19, 1998

**Summary.** Taurine is known to increase ATP-dependent calcium ion ( $\text{Ca}^{2+}$ ) uptake in retinal membrane preparations and in isolated rod outer segments (ROS) under low calcium conditions ( $10\mu\text{M}$ ) (Pasantes-Morales and Ordóñez, 1982; Lombardini, 1991). In this report, ATP-dependent  $\text{Ca}^{2+}$  uptake in retinal membrane preparations was found to be inhibited by  $5\mu\text{M}$  cadmium ( $\text{Cd}^{2+}$ ), suggesting the involvement of cation channel activation. The activation of cGMP-gated cation channels, which are found in the ROS, is a crucial step in the phototransduction process. An inhibitor of cGMP-gated channels, LY83583, was found to inhibit taurine-stimulated ATP-dependent  $\text{Ca}^{2+}$  uptake but had no effect on ATP-dependent  $\text{Ca}^{2+}$  uptake in the absence of taurine, indicating that taurine may be increasing ATP-dependent  $\text{Ca}^{2+}$  uptake through a mechanism of action involving the opening of cGMP-gated channels. The activation of cGMP-gated channels with dibutyryl-cGMP and with phosphodiesterase inhibition using zaprinast caused an increase in ATP-dependent  $\text{Ca}^{2+}$  uptake in isolated ROS, but not in taurine-stimulated ATP-dependent  $\text{Ca}^{2+}$  uptake. LY83583 had the same effects in isolated ROS as in retinal membrane preparations. Another inhibitor of cGMP-gated channels, Rp-8-Br-PET-cGMPS, produced the same pattern of inhibition in isolated ROS as LY83583. Thus, there appears to be a causal link between taurine and the activation of the cGMP-gated channels in the ROS under conditions of low calcium concentration, a connection that suggests an important role for taurine in the visual signalling function of the retina.

**Keywords:** Amino acids – Calcium uptake – Taurine – Rod outer segments – cGMP-gated channels

### **Introduction**

Taurine (2-aminoethanesulfonic acid) is a free amino acid found in high concentrations in all tissue types studied (for review, see Lombardini,

1991). Taurine depletion causes retinal degeneration and abnormalities in electroretinogram (ERG) measurements, suggesting an important role in vision. This role is possibly played through the effects taurine has on calcium ion ( $\text{Ca}^{2+}$ ) flux in the retina. Taurine causes an increase in  $\text{Ca}^{2+}$  uptake in the retina under conditions of low calcium concentration (10–100  $\mu\text{M}$ ) and in the presence of ATP and sodium bicarbonate (Pasantes-Morales and Ordóñez, 1982; Lombardini, 1983). On the other hand, taurine was found to be inhibitory at high  $\text{Ca}^{2+}$  concentrations (up to 2.5 mM) (López-Colomé and Pasantes-Morales, 1981; Liebowitz et al., 1989). These effects were observed in whole retinal homogenates from rat and in isolated frog rod outer segments (ROS), the photosensitive portion of the photoreceptor cell in the retina. The nature of the  $\text{Ca}^{2+}$  uptake measured in the retina and the biphasic effects of taurine are not fully understood, but both are probably multifactorial involving different  $\text{Ca}^{2+}$  uptake systems. Understanding the mechanism of action behind biphasic effects of taurine will shed light as to the actual physiologic role taurine plays in the retina. This report details experiments performed to characterize the stimulatory effects of taurine using pharmacological agents.

In the retina, the most important  $\text{Ca}^{2+}$  uptake system is the cation channel activated by guanosine-3',5'-cyclic monophosphate (cGMP) found in the plasma membrane of the ROS (for review, see Finn et al., 1996). In the absence of light stimulus, these channels allow for the movement of sodium and  $\text{Ca}^{2+}$  into the ROS, completing a sodium current, called the standing dark current, which  $\text{Na}^+/\text{K}^+$  ATPase activity creates in the rod inner segment (for review, see Baylor, 1996). During photoexcitation, these channels are closed after a cascade of events causes the levels of cGMP to fall, and intracellular  $\text{Ca}^{2+}$  levels decrease due to the continued extrusion of  $\text{Ca}^{2+}$  by the  $\text{Na}^+/\text{Ca}^{++}-\text{K}^+$  exchanger. The disruption of the dark current hyperpolarizes the cell, resulting in the modulation of transmitter release at the synaptic terminal and the production of a signal to the brain. As  $\text{Ca}^{2+}$  levels drop, cGMP production increases and the reopening of the channel allows for the influx of sodium and  $\text{Ca}^{2+}$  back into the rod outer segments, thereby reestablishing the standing dark current. The reestablishment of the standing dark current is crucial for continued phototransduction in the retina. Given the drastic and rapid fluctuations in  $\text{Ca}^{2+}$  levels during phototransduction, the biphasic effects of taurine may prove to be an important factor in the regulation of  $\text{Ca}^{2+}$  levels in the retina.

One possibility is that the stimulatory effects of taurine on  $\text{Ca}^{2+}$  uptake may be due to the opening of the cGMP-gated channels. Recent experiments demonstrated that the effect of taurine on ATP-dependent  $\text{Ca}^{2+}$  uptake in the retina is independent of ATPase activity (Militante and Lombardini, 1998), suggesting that active uptake is not involved and leaving channel opening as an alternative mechanism of action. To test the possibility that taurine causes its effects by modulating  $\text{Ca}^{2+}$  channel opening, cadmium ( $\text{Cd}^{2+}$ ) was used to non-selectively block  $\text{Ca}^{2+}$  channels in the retinal membrane preparations. The involvement of cGMP-gated channels was also demonstrated using specific channel blockers.

## Materials and methods

### *Chemicals*

$^{45}\text{CaCl}_2$  was obtained from New England Nuclear, Boston, MA. LY83583 was purchased from RBI, Natick, MA. Rp-8-Br-PET-cGMPS was purchased from Biolog Life Science Institute, La Jolla, CA. BCA protein assay reagent was obtained from Pierce Chemicals, Rockford, IL.

### *Preparation of retinal membrane homogenate and isolated rod outer segments*

For preparation of the retinal membrane homogenate, adult Wistar rats were euthanized and the eyes were immediately removed from the animal. The eyes were then stored at  $-80^\circ\text{C}$  until used. The eyes were thawed and retinal tissue was teased out of the eye cup in 0.32 M sucrose while on ice. All subsequent procedures were done on ice to maintain a  $2^\circ\text{C}$  temperature. The tissue was centrifuged for 15 minutes at  $16,000 \times g$ , washed in 20 mM bicarbonate, recentrifuged as before and then washed in sodium-bicarbonate buffer [ $\text{NaHCO}_3$ , 50 mM;  $\text{NaCl}$ , 50 mM;  $\text{KCl}$ , 50 mM;  $\text{KH}_2\text{PO}_4$ , 1.2 mM;  $\text{MgCl}_2$ , 2 mM (Kuo and Miki, 1980)] with  $\text{CaCl}_2$  added to a final concentration of  $10\mu\text{M}$ . The tissue was recentrifuged, resuspended in sodium bicarbonate- $\text{CaCl}_2$  buffer and gently homogenized.

For the isolation of rod outer segments (ROS), 0.3 M mannitol was used instead of 0.32 M sucrose. Retinal tissue was dissected out as before and the ROS were removed by vortex-mixing for 6s, allowing the tissue to settle, and then decanting the supernatant which contained the ROS. The supernatant was centrifuged at  $16,000 \times g$  for 15 minutes and the pellet was then suspended in sodium-bicarbonate- $\text{CaCl}_2$  buffer. The remaining tissue components were discarded.

### *ATP-dependent $\text{Ca}^{2+}$ uptake assay*

The incubation system used sodium-bicarbonate buffer and was kept in ice until the start of the reaction. Reagents such as ATP and taurine were added in the appropriate concentrations, including identical amounts of  $^{45}\text{CaCl}_2$  (400,000–500,000 dpm) in a final concentration of  $10\mu\text{M}$   $\text{CaCl}_2$ . The reaction tubes were preincubated in a shaking water bath set at  $37^\circ\text{C}$  for 2 minutes. Retinal homogenate (100–300  $\mu\text{g}$ ) or ROS (30–100  $\mu\text{g}$ ) was added to start the reaction, making a final incubation volume of 250  $\mu\text{l}$ , and the mixture was then incubated for an additional 2 minutes. The reaction was terminated by adding 3 ml of ice-cold sodium-bicarbonate- $\text{CaCl}_2$  buffer and immediately filtering on a Millipore glass fiber filter. The filter was washed three times with 3 ml of the above sodium-bicarbonate- $\text{CaCl}_2$  buffer and then counted for radioactivity with Aquasol scintillation fluid. The amount of  $^{45}\text{calcium}$  taken up by the retinal tissue was determined by subtracting the counts retained on the filter after a zero-time incubation.

### *Protein assay*

Protein concentrations were assayed using the bicinchoninic acid (BCA) method (Pierce Chemical Co.).

### *Statistical analysis*

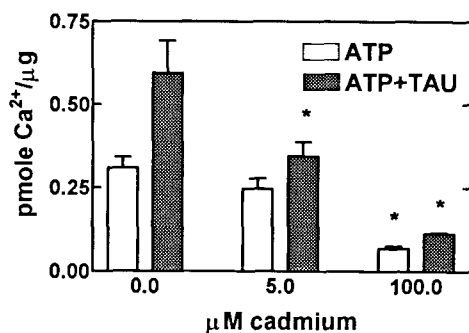
Each data point N was a measurement derived from an independent experiment. Statistical analyses were performed using the GraphPad Prism and InStat software. Data were analyzed using the one-way analysis of variance (ANOVA) or linear regression analysis. Post-hoc analysis was accomplished using the Duncan's multiple range test.

## Results and discussion

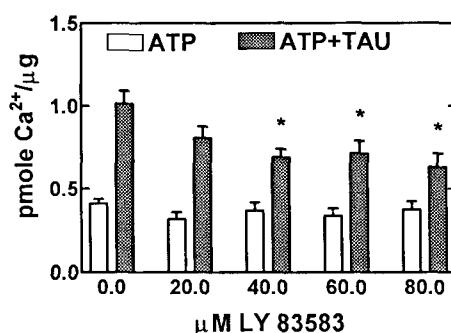
### *Inhibition of $\text{Ca}^{2+}$ uptake in retinal membrane preparations*

It is well-established that under conditions of low  $\text{Ca}^{2+}$  concentrations, ATP causes a significant increase in  $\text{Ca}^{2+}$  uptake above baseline in rat retinal membrane preparations and that taurine potentiates this increase (Pasantes-Morales and Ordóñez, 1982; Lombardini, 1983). In the presence of both ATP and taurine, two  $\text{Ca}^{2+}$  uptake systems were observed, one a low-affinity type and the other high-affinity type (Pasantes-Morales and Ordóñez, 1982; Lombardini, 1983). Recent experiments exclude the modulation of ATPase activity as a mechanism for action for the effects of taurine (Militante and Lombardini, 1998). To test for the involvement of  $\text{Ca}^{2+}$  channels in the observed taurine effects,  $\text{Cd}^{2+}$  was used to inhibit  $\text{Ca}^{2+}$  uptake. In neurons,  $\text{Cd}^{2+}$  causes a non-selective block of  $\text{Ca}^{2+}$  currents at micromolar concentrations (2–20  $\mu\text{M}$ ) (Carbone and Swandulla, 1990). In Fig. 1, the increase in ATP-dependent  $\text{Ca}^{2+}$  uptake due to exogenous taurine is shown to be inhibited by 5  $\mu\text{M}$  cadmium while ATP-dependent  $\text{Ca}^{2+}$  uptake (in the absence of taurine) is not affected. At very high  $\text{Cd}^{2+}$  concentration (100  $\mu\text{M}$ ), both ATP-dependent and taurine-stimulated ATP-dependent  $\text{Ca}^{2+}$  uptake were inhibited. These data suggest that the effects of taurine on ATP-dependent  $\text{Ca}^{2+}$  uptake are dependent on the opening of a  $\text{Ca}^{2+}$  channel that  $\text{Cd}^{2+}$  blocks. Exactly what this channel, or channels, may be is uncertain as the tissue preparation contains all the cell types found in the retina.

In terms of the role taurine may play in the visual signalling process, the possible effect of taurine on the cGMP-gated channel, among all the other types of  $\text{Ca}^{2+}$  channels, holds the most importance. LY83583 (6-anilino-5, 8-quinolinedione) has been shown to potently block cGMP-gated channels in olfactory receptor neurons, causing inhibition of cGMP-dependent currents



**Fig. 1.** The effect of  $\text{Cd}^{2+}$  on ATP-dependent  $\text{Ca}^{2+}$  uptake in rat retinal membrane preparations in the presence of 1.2 mM ATP, with or without 32 mM taurine. An asterisk (\*) indicates a significant difference from their respective control (0  $\mu\text{M}$   $\text{Cd}^{2+}$ ) values ( $P < 0.05$ ) calculated by one-way ANOVA and the Duncan's multiple range test (mean  $\pm$  SEM,  $N = 4$ –5, each  $N$  being a determination from an independent experiment)

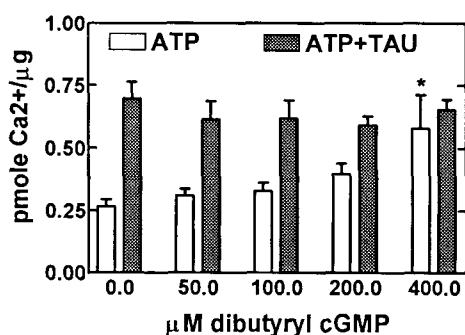


**Fig. 2.** The concentration-response graph for the effects of LY83583 on ATP-dependent  $\text{Ca}^{2+}$  uptake in rat retinal membrane preparations in the presence of 1.2 mM ATP, with or without 32 mM taurine. Linear regression analyses indicated that the slope for taurine-potentiated ATP-dependent  $\text{Ca}^{2+}$  uptake was significantly different from zero, sloping downward ( $P < 0.05$ ), while the slope for ATP-dependent  $\text{Ca}^{2+}$  uptake was essentially equal to zero. An asterisk (\*) indicates a significant difference from their respective control (0  $\mu\text{M}$  LY83583) values ( $P < 0.05$ ) by one-way ANOVA and the Duncan's multiple range test (mean  $\pm$  SEM,  $N = 5-8$ , each  $N$  being a determination from an independent experiment)

at concentrations as low as 1  $\mu\text{M}$  (Leinders-Zufall and Zufall, 1995). LY83583 appears to act both directly on the channel and on soluble guanylyl cyclase, the enzyme that produces cGMP in olfactory receptor neurons. This compound was thus used to inhibit the increase of  $\text{Ca}^{2+}$  uptake due to taurine. Figure 2 shows the effect of LY83583 on  $\text{Ca}^{2+}$  uptake in retinal membrane preparations. LY83583 has no effect on ATP-dependent  $\text{Ca}^{2+}$  uptake but has a significant inhibitory effect on taurine-potentiated  $\text{Ca}^{2+}$  uptake, albeit much less potently when compared to patch recording experiments with olfactory receptor neurons (Leinders-Zufall and Zufall, 1995). Though there is no direct way to correlate patch recordings with the  $\text{Ca}^{2+}$  uptake measured in these experiments, the data suggest that the effect of taurine is at least partially dependent on the open state of the cGMP-gated channel which is allowing  $\text{Ca}^{2+}$  flow into the cell.

#### *Stimulation of $\text{Ca}^{2+}$ uptake in the ROS*

In our experimental system, the majority of the cGMP-gated channels are assumed to be closed as the retinal sample is exposed to ambient light. In theory, the opening of these channels should result in increased ATP-dependent  $\text{Ca}^{2+}$  uptake, an effect best seen in isolated ROS, as the cGMP-gated channels are primarily found in the ROS. In patch clamp experiments, cGMP is known to activate the channel with a dissociation constant  $K_d$  (for channel opening) of 17–30  $\mu\text{M}$  (Pugh and Lamb, 1990). Dibutyryl-cGMP, a cell-permeant analogue of cGMP, stimulated ATP-dependent  $\text{Ca}^{2+}$  uptake, but the increase was minimal for all concentrations of the agonist below

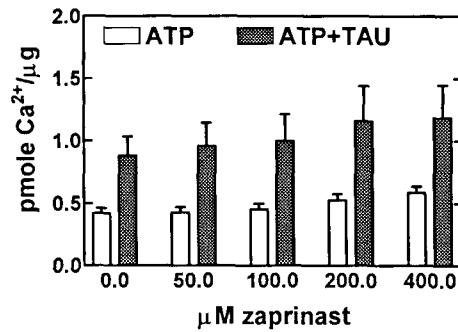


**Fig. 3.** The concentration-response graph for the effects of dibutyryl cGMP on ATP-dependent  $\text{Ca}^{2+}$  uptake in rat rod outer segments in the presence of 1.2 mM ATP, with or without 32 mM taurine. Linear regression analyses indicated that the slope for ATP-dependent  $\text{Ca}^{2+}$  uptake was significantly different from zero, sloping upward ( $P < 0.01$ ), while the slope for taurine-potentiated ATP-dependent  $\text{Ca}^{2+}$  uptake was essentially equal to zero. An asterisk (\*) indicates a significant difference from their respective control (0  $\mu\text{M}$  dibutyryl cGMP) values ( $P < 0.05$ ) calculated by one-way ANOVA and the Duncan's multiple range test (mean  $\pm$  SEM,  $N = 6-7$ , each  $N$  being a determination from an independent experiment)

400  $\mu\text{M}$  (Fig. 3). There is an obvious difference in potency when these effects of dibutyryl-cGMP are compared to its effects in patch clamp studies, but this is probably another manifestation of the lack of direct correlation between channel studies involving patch clamp techniques and actual  $\text{Ca}^{2+}$  uptake measurements in ROS isolates. It is also possible that, within the experimental time period of 2 minutes, dibutyryl-cGMP did not diffuse quickly enough through the cell membrane to raise the internal cGMP level to a level that would result in adequate channel opening and, in turn, stimulation of ATP-dependent  $\text{Ca}^{2+}$  uptake.

In contrast, no effect was observed when taurine-stimulated ATP-dependent  $\text{Ca}^{2+}$  uptake was measured in the presence of dibutyryl-cGMP. However, it is known that without proper depletion protocols, some level of endogenous cGMP remains in experimentally prepared dissociated ROS (Cote and Brunnock, 1993), providing low levels of endogenous agonist for channel activation. Thus, it is possible that cGMP-gated channels were maximally opened in the presence of taurine, through a mechanism of action that makes use of endogenously present cGMP, making ineffectual the addition of exogenous agonist.

Zaprinast, otherwise known as M&B 22,948, is a potent inhibitor ( $\text{IC}_{50} = 160 \text{ nM}$ ) of the cGMP-binding, cGMP-specific phosphodiesterase (PDE) found in the rod photoreceptor (Gillespie and Beavo, 1988). This compound was used to inhibit the degradation of endogenous cGMP in the ROS, potentially elevating, or at least maintaining, cGMP levels and theoretically causing greater activation of the cGMP-gated channels. Linear regression analyses of the data indicated a significant increasing trend ( $P < 0.01$ ) in ATP-dependent  $\text{Ca}^{2+}$  uptake with zaprinast treatment (Fig. 4), although the absolute change



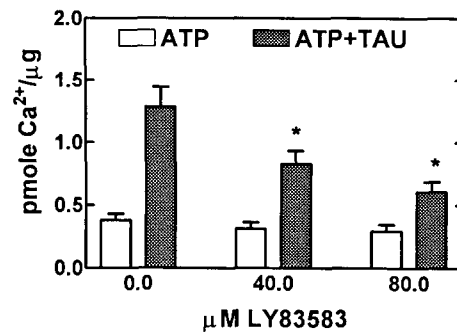
**Fig. 4.** The concentration-response graph for the effects of zaprinast on ATP-dependent  $\text{Ca}^{2+}$  uptake in rat rod outer segments in the presence of 1.2mM ATP, with or without 32mM taurine. Linear regression analyses indicated that the slope for ATP-dependent  $\text{Ca}^{2+}$  uptake was significantly different from zero, sloping upward ( $P < 0.01$ ), while the slope for taurine-potentiated ATP-dependent  $\text{Ca}^{2+}$  uptake was essentially equal to zero. Data presented are means  $\pm$  SEM,  $N = 6-7$ , each  $N$  being a determination from an independent experiment

above control (0  $\mu\text{M}$  zaprinast) was found to be not significant using the one-way ANOVA. The data suggest that endogenous cGMP levels were sufficiently maintained to cause significant but not maximal channel opening. Perhaps, there was not enough time for endogenous cGMP to accumulate or that endogenous cGMP can only accumulate to a limited degree under these experimental conditions. Similar to the effects of dibutyryl-cGMP, zaprinast had no significant effect on taurine-stimulated ATP-dependent  $\text{Ca}^{2+}$ , also suggesting that cGMP-gated channels have been maximally stimulated already in the presence of taurine. Though the effects of dibutyryl-cGMP and zaprinast do not suggest an exact mechanism of action of taurine, the data still suggest that the stimulation of cGMP-gated channels is somehow involved in  $\text{Ca}^{2+}$  uptake measured in ROS.

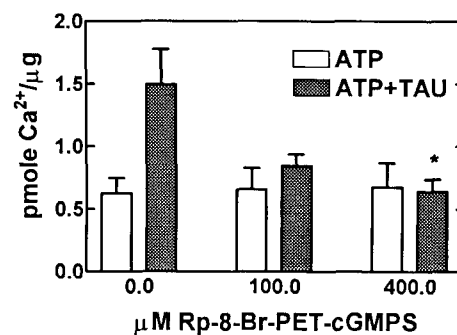
#### *Inhibition of ATP-dependent $\text{Ca}^{2+}$ uptake in isolated rod outer segments*

In theory, the effect of LY83583 with retinal membrane preparations should also be observed in isolated ROS. Figure 5 shows ATP-dependent  $\text{Ca}^{2+}$  uptake measured in isolated ROS and the inhibitory effect of LY83583 on taurine-stimulated ATP-dependent  $\text{Ca}^{2+}$  uptake, similar to the effects seen in retinal membrane preparations. The inhibition is not complete, indicating the involvement of other uptake systems or, perhaps, inefficient drug delivery. As in the homogenate preparation of the retinal membranes, LY83583 had no effect on ATP-dependent  $\text{Ca}^{2+}$  in the absence of taurine.

To verify the involvement of the cGMP-gated channel with the effects of taurine, a competitive antagonist of the channel was used to inhibit ATP-dependent  $\text{Ca}^{2+}$  uptake in the ROS. Rp-8-Br-PET-cGMPS is a cell-permeant cGMP derivative that has been found to inhibit cGMP-induced current with



**Fig. 5.** The effect of LY83583 on ATP-dependent  $\text{Ca}^{2+}$  uptake in rat rod outer segment in the presence of 1.2 mM ATP, with or without 32 mM taurine. An asterisk (\*) indicates a significant difference from their respective control (0  $\mu\text{M}$  LY83583) values ( $P < 0.05$ ) calculated by one-way ANOVA and the Duncan's multiple range test (mean  $\pm$  SEM,  $N = 4-7$ , each  $N$  being a determination from an independent experiment)



**Fig. 6.** The effect of Rp-8-Br-PET-cGMPS on ATP-dependent  $\text{Ca}^{2+}$  uptake in rat rod outer segments in the presence of 1.2 mM ATP, with or without 32 mM taurine. An asterisk (\*) indicates a significant difference from their respective control (0  $\mu\text{M}$  Rp-8-Br-PET-cGMPS) values ( $P < 0.05$ ) calculated by one-way ANOVA and the Duncan's multiple range test (mean  $\pm$  SEM,  $N = 4$ , each  $N$  being a determination from an independent experiment)

an  $\text{IC}_{50}$  of 25  $\mu\text{M}$  in excised patches (Wei et al., 1996). ATP-dependent  $\text{Ca}^{2+}$  uptake was not affected by Rp-8-Br-PET-cGMPS but taurine-stimulated uptake was inhibited (Fig. 6), demonstrating a certain level of specificity in the interaction of taurine and cGMP-gated channels.

It is important to note that in the absence of taurine, ATP-dependent  $\text{Ca}^{2+}$  uptake in the retina, specifically in the ROS, does not seem to involve the opening of the cGMP-gated channel, while in the presence of taurine it does. Thus, it is reasonable to assume that while ATP-dependent  $\text{Ca}^{2+}$  uptake in the absence of taurine probably involves a variety of different systems, taurine may specifically stimulate cGMP-gated channel opening to induce  $\text{Ca}^{2+}$  uptake in the ROS. Taurine could modulate channel opening by increasing the levels of cGMP, thereby increasing channel activation, or by increasing

the affinity of the channel for its agonist. More experiments are required to study these possibilities.

The idea that taurine modulates the opening of the cGMP-gated channel is a novel one and may present a very important function for taurine in the retina, specifically in the ROS. The decrease in  $\text{Ca}^{2+}$  level within the ROS is a crucial step in the process of photoexcitation. During this period of low  $\text{Ca}^{2+}$  concentration, the expected effect of taurine would be to stimulate  $\text{Ca}^{2+}$  uptake into the ROS, a potentially beneficial effect in the process of reestablishing the standing dark current. Taurine, in theory, stimulates the activation of the cGMP-gated channel by endogenous cGMP during this recovery period. Afterwards, as  $\text{Ca}^{2+}$  levels rise, taurine would lose this stimulatory effect through some feedback mechanism and would actually inhibit  $\text{Ca}^{2+}$  uptake, preventing  $\text{Ca}^{2+}$  overload. This inhibitory effect of taurine may or may not involve the function of cGMP-gated channels, and provides another interesting field for inquiry. In any case, this type of biphasic modulation of  $\text{Ca}^{2+}$  uptake by taurine could become a very significant consideration in the understanding of phototransduction in the ROS.

### Acknowledgment

This study was funded by a grant from the RGK Foundation of Austin, Texas. The authors would also like to thank Dr. John J. McGlone for his assistance in analyzing the data, and Dr. James C. Hutson, Dr. John C. Fowler, Dr. Howard K. Strahlendorf and Janet S. Koss for their assistance in procuring eye samples.

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Received January 16, 1998